Transition Through High School

Transition is a process.

Inside, is a detailed list of activities sorted according to the recommended age at which youth benefit most from beginning participation.

For more information, please contact:

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Visit http://www.witig.org to find:

• Calendar of Events
• Transition Resources
• Online Learning
• Transition Partnerships
• TIG Events and Projects
• Contact Information

Or email info@witig.org

For additional information and resources please see the following websites:

Transition Improvement Grant (TIG) at http://www.witig.org/

Department of Public Instruction http://sped.dpi.wi.gov/sped_transition

Department of Health Services http://www.dhs.wisconsin.gov/WIpathways/

Division of Vocational Rehabilitation http://dwd.wisconsin.gov/dvr/tran.htm

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Transition Activities as Students Advance through High School

**Age 14-15**
- Identify interest and skills.
- Volunteer in the community.
- Talk to adults about what they do for work.
- Identify and meet with people from a wide range of careers.
- Tour businesses to see what kind of work they do and what jobs they offer.
- Participate in any career exploration/preparation classes offered by high school.
- Learn about resources and make connections within the community, such as with your local job center.
- Complete career inventories and assessments.
- Familiarize yourself with the Transition Action Guide (TAG) to learn about transition planning and agencies.
- Practice completing job applications, resume development (written or video), and interviewing skills.
- Develop Postsecondary Transition Plan (PTP) annually.
- Develop communication skills, social skills, and self-advocacy skills.
- Visit school counselor for assistance with career exploration, planning, and resources.
- Job shadow with parents/family/friends.
- Review the DPI Opening Door Series.
- Participate in extracurricular activities.
- Participate in school jobs.

**Age 16-17**

(in addition to the items already listed)
- Apply for DVR at least two years prior to leaving school (e.g. age 16 if graduating at age 18; age 19 if graduating at age 21).
- Contact your local Aging and Disability Resource Center (ADRC) for disability related resources.
- Participate in work-based learning program with your high school as available.
- Establish graduation date and plan.
- Explore post-school training and education options.
- Participate in paid work experiences in the community.
- Continue to develop self-advocacy skills including explaining what accommodations/modifications you need.
- Develop transportation strategies (e.g. drivers license, independent travel skills training, public or paratransit).
- Obtain work incentives benefits counseling, as appropriate.

**Age 18-21**

(in addition to items already listed)
- Apply for DVR at least two years prior to leaving school (e.g. age 19 if graduating at age 21).
- Contact your local ADRC for disability related resources, including long term care services and supports.
- Obtain work incentives benefits counseling, as appropriate.
- Obtain integrated/competitive employment.
- Self-direct personal assistance services.
- Practice independent living and work skills.
- Explore post school training and education options.